

30 Days to Live

Part 3 – Love Completely: Restoring Relationships

Small Group Discussion Guide | April 18–19, 2026

Sermon Summary

In Part 3 of *30 Days to Live*, Josh opened with a striking survey finding: among all bucket-list categories, deepening family relationships ranks alongside travel as a top priority. Grounding the message in [1 John 3:11, 18–19](#), Josh reminded us that the Apostle John’s entire life message was a single command—love one another. That love, he argued, is not a warm sentiment but the active, costly, Agape love of God. From that foundation, Josh traced three urgent calls: **Love Reconciles Today** (drawing on [Matthew 5:23–24](#) and [Romans 12:18](#)), **Love Speaks Today**, and **Love Acts Today**. Josh closed by sharing a childhood memory of never saying goodbye to his grandfather before he unexpectedly died—a moment of personal regret that gave the message its emotional weight and its challenge: don’t wait.

Icebreaker

What’s one item on your “bucket list”—and who is the person you’d most want to experience it with?

Discussion Questions

Read [1 John 3:11](#).

1. Josh noted that the Apostle John’s entire ministry in his final years was reduced to repeating a single phrase: “love one another.” Why do you think such a simple command was so key to John? Where in your own life does loving others feel most difficult right now?

Read [Matthew 5:23–24](#).

2. Jesus says to leave your offering at the altar and *first* be reconciled. Josh pointed out that Jesus places reconciliation ahead of worship—because how we treat others reflects how we love God. Is there a relationship in your life where you have been waiting for the other person to make the first move? What would it look like for you to take that step, regardless of how they respond?

Read [Romans 12:18](#).

3. Josh emphasized that “as far as it depends on you” is a call to continuous, ongoing peace-making—not a one-time event. He also drew a sharp contrast between healthy boundaries and the growing cultural habit of simply canceling relationships. How do you personally distinguish between establishing a wise boundary and walking away from the hard work of reconciliation?

Read [1 John 3:18–19](#).

4. Josh told the story of a man who discovered a sealed letter from his late father—words of love and pride that were never spoken aloud while the father

was alive. Josh challenged us: if you had 30 days left, what words would you want to make sure were not left unsaid? Who specifically comes to mind, and what has kept you from saying those words?

5. Josh proposed a personal audit: look at your calendar for this week and your bank account—the two most honest indicators of our priorities—and ask whether the people you say you love most are actually showing up there. What did that reflection reveal for you? What is one concrete, scheduled change you could make this week to demonstrate love through action rather than intention?

Prayer Requests

Close your time together by praying for each another in one of these areas (have each person pick):

- Courage to initiate reconciliation in a fractured relationship—to be the first to apologize or extend forgiveness, even when it feels unfair.
- Freedom from the grudges and unspoken resentments we carry, and the grace to move toward others rather than pulling away.
- Boldness to say the loving words that have gone unspoken—to a spouse, parent, child, mentor, or friend—before it is too late.
- Discernment and discipline to rearrange our time and resources so that the people we love most are actually reflected in how we live.