

# Unstoppable Small Group Discussion Guide

## Sermon Summary

In "Unstoppable," we explore how small mistakes can snowball into relationship-destroying disasters, much like the runaway train in the movie. The key message centers on developing "Holy Grit" - the perseverance that comes from God's Spirit working in our lives. Just as the characters in the movie refused to give up despite overwhelming odds, we're called to persevere in our relationships even when they feel out of control. From the pages of scripture, we can also learn that while life will knock us down, God's power enables us to get back up and keep going.

## Icebreaker Question

Share about a time when you had to use duct tape (or any creative solution) to fix something that seemed unfixable. Did it work?

## Discussion Questions

1. **The Runaway Train Effect:** Gene mentions how [Proverbs 14:12](#) warns about choices that seem right but lead to destruction. Can you share about a time when a small mistake in a relationship snowballed into something much bigger? What did you learn from that experience?
2. **Hard Pressed but Not Crushed:** In [2 Corinthians 4:8-9](#), Paul describes being "hard pressed on every side, but not crushed." What does this look like practically in your relationships when you're feeling pressure from multiple directions?
3. **Getting Back Up:** [Proverbs 24:16](#) says "The godly may trip seven times, but they will get up again." What helps you get back up when you've made a mistake in a relationship? How can the group support each other in this?
4. **Holy Grit vs. Regular Grit:** Gene distinguishes between human determination and "Holy Grit" that comes from God's Spirit. What's the difference between trying to fix relationships in your own strength versus relying on God's power? Share an example if you're comfortable.
5. **Don't Give Up:** [Galatians 6:9](#) promises we'll "reap a harvest if we do not give up." Is there a relationship in your life where God might be calling you to persevere rather than quit? How can this group pray for and encourage you in that situation?

## Prayer Prompts

Use these prayer "starters" to guide your group's closing prayer time:

1. **For Wisdom in Small Choices:** "God, help us recognize that our small decisions matter. Give us wisdom to make choices that build up our relationships rather than tear them down. Help us see the potential consequences before we speak or act."

2. **For Strength When We're Hard Pressed:** "Lord, when we feel pressure from every side in our relationships, remind us that we don't have to be crushed. Fill us with Your Holy Spirit so we can respond with grace instead of reacting in our own strength."
3. **For Courage to Get Back Up:** "Father, when we've fallen or failed in our relationships, give us the courage to get back up. Help us be the first to apologize, to forgive, to make the phone call, or send the text. Don't let pride keep us down."
4. **For Those Ready to Give Up:** "Jesus, for anyone in our group or in our lives who is ready to quit on an important relationship, surround them with Your unstoppable love. Give them Holy Grit to persevere and trust You for the harvest that comes to those who don't give up."