

# Twisters: Finding Refuge in the Storm

## Small Group Discussion Guide

### Sermon Summary

In this sermon using the movie "Twisters," we explore how storms are inevitable in life—whether relational, financial, health-related, or emotional challenges. Like the character Kate who tried to stop and run from tornadoes, we often attempt to avoid or control life's difficulties. However, Jesus doesn't promise to keep us from storms but promises to be with us in them. Rather than building our lives on unstable foundations like career success, financial security, or perfectionism, we're called to find our refuge in Jesus—the only shelter that can withstand any storm, including death itself.

### Icebreaker Question

What's the most intense weather event you've ever experienced? How did you prepare for it or find safety during it?

### Discussion Questions

1. **Personal Storm Assessment:** The sermon mentions various types of "storms" we face—relationship troubles, health diagnoses, financial pressures, wayward children, anxiety, or depression. Which of these resonates most with your current season of life, and how have you been trying to handle it?
2. **The Fujiwhara Effect:** Have you ever experienced multiple crises hitting at once (like the twin tornadoes in the movie)? How did this affect your faith, and what did you learn about God's presence during that time?
3. **Foundation Check:** Jesus' parable contrasts building on rock versus sand. What are some "sandy foundations" that our culture promises will give us security and fulfillment? What does it practically look like to build your life on the "rock" of Jesus instead?
4. **Running Toward vs. Away:** The sermon contrasts Kate running into the storm to save others with Jesus running toward the cross to save us. How does understanding Jesus' sacrifice change your perspective on facing your own difficulties? Where might God be calling you to run toward something difficult rather than away from it?
5. **Finding Refuge:** [Psalm 46:1-3](#) describes God as our "refuge and strength." What are some practical ways we can "take refuge" in God when storms hit? How can our small group better support each other during difficult seasons?

### Prayer Requests

• **For those facing current storms:** Pray for anyone in the group dealing with health challenges, relationship difficulties, financial stress, or family crises—that they would experience God's presence and peace.

- **For deeper trust in God's sovereignty:** Ask God to help group members surrender areas where they've been trying to control outcomes and instead trust in His perfect timing and plan.
- **For wisdom in building on the right foundation:** Pray for discernment to identify and turn away from "sandy" foundations, and for strength to consistently choose Jesus as the rock upon which to build decisions and priorities.
- **For opportunities to be refuge for others:** Ask God to show the group ways to practically serve as shelter and support for those around them who are facing storms, reflecting Christ's love in tangible ways.

### **Scripture References**

- [Hebrews 9:27](#)
- [Mark 4](#) (Jesus calms the storm)
- [John 16:33](#)
- [Matthew 6:34](#)
- [Psalm 46:1-3](#)