

SERIES TITLE

Authentic Faith

SERIES SUMMARY

No other New Testament book is quite like James. Real, raw, sometimes radical and always practical; James offers up some of the most unfiltered, straightforward and memorable sound bites ever recorded in human history. More than anything, James helps us see what our faith looks like when it's lived out authentically with all our heart, soul, mind, and strength. Join us this weekend as we begin our journey through these life-shaping truths.

SERMON TITLE

Prayer and Confession

SERMON SUMMARY

Jake talks about prayer, confession, and personal imperfections. He emphasized the challenges of life and the importance of acknowledging imperfections, urging the congregation to embrace vulnerability through confession. Through biblical examples and practical advice, he encouraged the congregation to seek healing and growth through the practice of confession and prayer.

ICE BREAKER

When has a step of faith resulted in something amazing happening?

DISCUSSION QUESTIONS

1. Why does Jake emphasize the importance of acknowledging life's difficulties and our own imperfections?

How can recognizing these truths help us grow in our faith and better handle challenging situations?

2. What is the role of prayer and confession in helping us deal with life's hardships and our personal imperfections?

What are some practical ways you can incorporate these tools into your own life?

3. Read [Proverbs 28:13](#) and [Psalm 32:3-4](#). Why is it important to call sin by its name instead of minimizing it as a mistake or weak moment?

How can taking responsibility for our sins help us grow spiritually and personally?

4. Read [James 5:13-18](#), how does confession to others play a role in our spiritual healing?

In what ways might confessing your sins to others help you experience healing and growth in your relationship with God?

5. What are some qualities to look for in a person you can trust to confess your sins to, and why are these qualities important?

Have you ever experienced healthy confession in a relationship, and if so, how did it impact your spiritual journey and life?

PRAYER + WRAP UP

- Ask God to help us apply the sermon on prayer and confession to our lives throughout the week.
- Pray for the courage to acknowledge and take responsibility for our sins through confession.
- Ask God to lead us to trustworthy individuals with whom we can share our sins and experience the healing power of confession.
- Pray for the understanding and belief that prayer should be our default response in every situation, not just a last resort.

