

BIBLE READING & MEDITATION CHALLENGE

BIBLE CHALLENGE OPTION #1

There are 31 Proverbs in the Bible. Set aside time each day to read the chapter in Proverbs that corresponds with each day's date.

Ways to Meditate on God's Word

Choose a verse and read it aloud. Each time you read the verse, emphasize a different word. Look up the definitions for any words you don't know. Write down the verse on a post-it note or an index card and keep it somewhere you'll see it through out the day. As you take the time to reflect on the Bible—when you meditate on it—God gives you more insight into his Word.

BIBLE CHALLENGE OPTION #2

Start Eastside's 21 day devotional that will help you discover ways to pursue God, build community, and unleash compassion. To get started visit eastside.com/devotional

1. READ
 2. REFLECT
 3. READ (AGAIN)
 4. PRAY
- 

Your Word is a lamp unto my feet and a light unto my path. Psalm 119:105