

*PRAYER SHOULD BE OUR FIRST RESPONSE, NOT OUR LAST RESORT.*

In order for it to become a part of our lives, prayer needs to become something we look forward to doing. It will change your life and impact the world you live in. Most people don't enjoy prayer because they have never been taught how to pray. This simple prayer guide is here to help.

On the next page, there are 21 prompts, one per day, for you to pray for over the next 21 days. This is designed to bring joy and purpose to your time with God. It will change your life and impact the world you live in.



PRAYER IS,  
AT ITS ROOT, SIMPLY  
PAYING ATTENTION  
TO GOD.



21 DAY  
PRAYER GUIDE

## HOW TO USE THIS GUIDE

Visit [eastside.com/prayer](http://eastside.com/prayer) or Eastside social media accounts to get daily instructions on how to best use this guide.

**“Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed” Mark 1:35**

### WHEN //

Jesus got up very early in the morning to spend time with His heavenly father. Find a time that works best for your day. Maybe the best time is in the morning, or before you go to bed, or as you're driving to work. Make a daily appointment with God and do your best to keep it.

### WHERE //

Your prayer place should be an undistracted environment where you can pray and focus. Perhaps that is in your car, or on your favorite chair, or at your kitchen table - whatever space you can find that is an uninterrupted, quiet space for you to spend time with God.

### HOW //

For our 21 days of prayer, Eastside staff has created daily, 2-minute videos for you to start off your time praying. After finishing the video, spend time talking to God about the things mentioned in the video. Maybe you also need to take time and pray for forgiveness or to talk to God about something you're struggling with. Wrap up by thanking God for all he has done in your life and the plans He has for you today. Find the daily prayer videos and more tips on “how” to pray online at [eastside.com/prayer](http://eastside.com/prayer).

1

Pray for kids heading back to school, as well as for our Teachers, Administrators and Educators.

2

Pray for Eastside's vision to reach 1% of the 5.8 million people who live within a 20-mile radius of an Eastside campus.

3

Give thanks for the hundreds of Change Makers who asked *What If...* and followed the call to serve at La Habra and Bellflower this past year.

4

Pray for our Global Compassion initiatives in Kenya, Mexico, Chile and Thailand.

5

Pray for people who need to be baptized (August 19/20).

6

Pray for our Care & Recovery Groups, and that people find hope, healing & freedom from hurts, hangups, and addictions.

7

Pray for our NextGen ministries (Kidside, JHM, HSM, Ethos).

8

Pray for our marriages and our families.

9

Pray for our campus pastor, Marcos Garcia, and the Eastside Bellflower launch team. Also, let's give thanks for the safety of our construction crews over the summer months.

10

Pray for Gene Appel (Sr. Pastor), our Elders, and our Executive Team.

11

Pray for Eastside Small Groups. Pray for the leaders and that everyone at Eastside would find a place to Make Friends, Follow Jesus & Make a Difference.

12

Pray for our Nation and its leaders, as well as first responders & law enforcement.

13

Give thanks for Eastside Park Rapids, our fastest growing campus, and the impact they are making. Pray for an overflow of Change Makers to harness the opportunity of a growing community.

14

Give thanks for a great first year at our Eastside La Habra campus. Pray that Year 2 will be a year of outreach and expansion.

15

Pray for people who are struggling financially, as well as those who are unemployed / under-employed.

16

Pray for the creation of our Christmas at Eastside experience, which is our greatest outreach event of the year.

17

Pray for our Local Compassion initiatives and that we'd be able to meet the needs that arise in our communities.

18

Pray for our campus pastors, Justin Domogalla (Park Rapids), Norm Hamre (La Habra), and Marcos Garcia (Bellflower).

19

Pray for the Eastside Staff team & our Change Maker teams.

20

Pray that God will raise your awareness for how God can lead you to impact another life.

21

Pray for God to use our Fall Kick-Off (Sept. 9/10) to impact / reach those who live in the cities surrounding our campuses.