



# EQUIPPING HUDDLE // LEADER GUIDE

*Starting Well* | EASTSIDE CHRISTIAN CHURCH

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**This huddle offers practical ways to help you succeed and get you group off to a healthy start.**

## **Start Your Group Well**

### **1. Together: Watch the Adam Workman Video**

<https://www.youtube.com/watch?v=68AaffsSQdw>

### **At Tables:**

One of the best ways to launch a small group is to lead yourself well. Adam discussed following Jesus, depending on God as you being leading and praying for your group before the group launches. You have to lead yourself well to lead others well.

*Have someone read Mark 1:35-37.*

1. Jesus modeled going off alone and praying before moving on to more ministry. What is one spiritual next step you need to take in this season to lead yourself well?
2. Adam shared the story of his first group and praying with Claudia, the only person who showed up. Have you had a moment where things went differently than planned and you saw how God had orchestrated it?
3. Brainstorm ways to pray for your group.

**Together:** Share one way from each table to pray for your groups.

### **At Tables:**

One of the keys to successfully leading a small group is to be clear on the group expectations from the beginning. This will guide future conversations and set your group up for success.

1. What expectations do you need to set with your group at the beginning of this semester?

### **At Tables:**

Be real is the third key to launching small groups. Adam said “it is the cry of the soul to be known.” As leaders we need to go first and we set the tone for our groups by being authentic and transparent.

1. Brainstorm ways we can create a safe place in our small groups.
2. What keeps you or do you think might keep you) from being real with your group, and what steps can you take to be more real with them?

**Together:** Have someone from each group share one barrier to being real and the step we can take to overcome this.

### **At Tables:**

Marking moments can be transformative to our small groups. These happen when as leaders we are in the present and not rushing through our agenda. It is important to remember we are leading people, not running a meeting.

**Together:** What are one or two things you can do to mark moments with your group?

As leaders the one thing we could do to instantly become a better leader is to become a better listener. Adam defined good listening well as when the person speaking feels heard. When we listen well, we are saying to our small group members, you matter. Henry Cloud said, “If I had 8 hours to train small group leaders it would all be on listening.”

**At Tables:**

1. Rate your listening skills on a scale of 1-5.
2. Share with your group a time you felt heard.
3. What is one thing you can do to be a better listener?